



The 7 Habits of High Effective Teens by Sean Covey

Write a well-written essay (1-2 pages) that discusses the various aspects of highly effective teens. Choose from **one** of the numbered prompts below (1-7)

Be sure to cite evidence from the book AND include examples (*whether they are personal, or something learned through information*).

Please complete ONE of the following assignments:

- Which of the 7 Habits do you feel is the most important? Why? How can you develop this habit further? What specific action do you want to infuse and how would you implement this habit into your daily life?
- Research and write about a famous person who exemplifies one or more of the 7 Habits. Determine how this habit has had a great impact on the person and elaborate on the importance.
- Think of a time when you were faced with a difficult situation. Which of the 7 Habits could you have used to handle the situation effectively? Reflect on what you learned from that experience and how the application of one of the habits may have changed the outcome.
- Choose two of the 7 Habits and reflect on how they can be applied in different areas of your life, such as school, relationships, or personal goals.
- Reflect on how the 7 Habits can help you become a more effective leader (in school, at home, or in general). What qualities do effective leaders possess as it relates to the 7 Habits? Why are these qualities essential in leadership?
- Think of a goal that you want to achieve. How can the 7 Habits help you reach that goal? What obstacles might you encounter along the way?
- Reflect on how the 7 Habits can help you develop positive habits that will contribute to your overall well-being and success in life. What habits do you want to develop? How will the 7 Habits help you achieve this?

Please note that your Summer Reading is due on the first week of school. However, please speak with your ELA Language Arts teacher for a specific date. Questions? Please e-mail aburrows@dadeschools.net